

PETERBOROUGH SENIOR CENTER

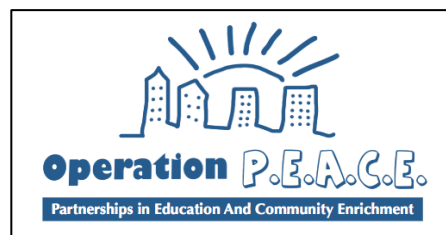
42 Peterborough St. • Phone: 617-536-7154

Entrance is located between 100 & 108 Jersey St., (rear)

Email: mallory@operationpeaceboston.org

Virtual Hours: Tuesday, Wednesday, and Thursday

11:00am – 3:00pm



Happy New Year!

We hope you all had restful and healthy holiday and New Year celebrations. While we are still unable to see each other in person, we are thankful to virtually “see” all of you. Please note that our *virtual* hours of operation remain the same as pre-Covid. Staff complete wellness and reminder calls and administrative work from 9AM-11AM. Virtual programs take place over Zoom during the 11AM-3PM timeframe, Tues-Thurs (**Zoom info for Jan/Feb programs is located on the NEXT page**). If you call the center or a staff number past 3PM, please note that your call will be returned the next business day.

If you have questions about joining a Zoom program, please let us know. If you are calling into a program, please check with your phone provider to see if long distance rates apply. Tech Cafe w/ Little Brothers Friends of the Elderly will return back on Wednesday, February 3rd from 1pm to 2pm. In the meantime, if you need technology help, please take a look at the bottom of the page.

We thank you for your flexibility, care, and support as we navigate changes and transition. We hope that you and your family are doing well. If you need resources, please don't hesitate to reach out.

Thank you!

Mallory, Tracey and Sara

COMMUNITY FOOD RESOURCES

LifeBoat Food Pantry at the Seventh Day Adventist Church/105 Jersey Street

Thursday, 4-6pm, Available to all Boston Residents

Fair Foods (through Fenway CDC) at the Holy Trinity Orthodox Church

Every Other Wednesday, 3:30pm to 5pm

Fenway Cares Food Distribution at Fenway Community Center and Symphony Park

Every other Wednesday, 3-5PM

TECHNOLOGY RESOURCES

CyberSeniors:

Trained volunteers answer tech questions & help sign seniors up for online training sessions. Call 1-844-217-3057 or visit online (cyberseniors.org)

Older Adult Technology Services (OATS):

OATS responds to requests for help within 24 hours Mon-Fri. National tech help hotline: 1-718-360-1707 & 1-920-666-1959.

Boston Public Library:

Questions about using your computer, smartphone, the internet and other tech help? Call 617-859--2323 or email computerworkshops@bpl.org

ZOOM INFORMATION IS ON THE NEXT PAGE → → →

<p><u>JOHN O'NEIL CABARET</u></p> <p><i>To Join By Internet:</i> Meeting ID: 859 5675 6996 Passcode: 108287</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>	<p><u>COFFEE & CONVERSATION</u></p> <p><i>To Join By Internet:</i> Meeting ID: 845 4244 0762 Passcode: 637980</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>
<p><u>BOOK CLUB</u></p> <p><i>To Join By Internet:</i> Meeting ID: 812 8727 6911 Passcode: 218507</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>	<p><u>BINGO</u></p> <p><i>To Join By Internet:</i> Meeting ID: 813 6060 0013 Passcode: 597175</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>
<p><u>STERN AT HOME PHYSICAL THERAPY</u></p> <p><i>To Join By Internet:</i> Meeting ID: 829 6929 5651 Passcode: 790932</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>	<p><u>TECHNOLOGY WORKSHOP</u></p> <p><i>To Join By Internet:</i> Meeting ID: 824 4599 8158 Passcode: 962881</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>
<p><u>NAME THAT SONG</u></p> <p><i>To Join By Internet:</i> Meeting ID: 853 5234 0223 Passcode: 578723</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>	<p><u>BURN PREVENTION AWARENESS</u></p> <p><i>To Join By Internet:</i> Meeting ID: 895 8689 3573 Passcode: 715709</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>
<p><u>TASK FORCE</u></p> <p><i>To Join By Internet:</i> Meeting ID: 865 0397 8120 Passcode: 016432</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>	<p><u>WATERCOLORS</u></p> <p><i>To Join By Internet:</i> Meeting ID: 894 0969 2521 Passcode: 051756</p> <p><i>To Join By Phone:</i> Dial +1 929 205 6099 & enter the Meeting ID & Passcode above.</p>

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~ January 2021 ~

PLEASE NOTE THAT ALL PROGRAMS WILL TAKE PLACE VIRTUALLY OVER ZOOM

TUESDAY	WEDNESDAY	THURSDAY
12. Noon John O'Neil Cabaret Join Fenway performer, John O'Neil, for his virtual show, <i>Let's Go To The Movies</i> .	13. 11:30 Book Club: "Independent People" by Halldor Laxness Would you like to practice making Zoom calls today? PSC staff can help! Please schedule a time to practice by calling 617-536-7154.	14. 11:30 Coffee and Conversation Penina Adelman presents "Self-Care During Covid"
19. 01:00 Stern at Home Physical Therapy w/ Joseph Friedman, Community Coordinator, presents: "Functionality and Mobility During Covid"	20. <i>Inauguration Day</i> <i>Oaths of Office usually take place at noon.</i>	21. 11:30 Coffee and Conversation Topic: Reflections on the Inaugural Ceremony
26. Noon Bingo	27. 01:00 Technology Workshop Learn how to access podcasts, use the BPL, watch a video on YouTube, etc) with Megan Fieleke, an intern from Simmons University	28. 11:30 Coffee and Conversation

*****PLEASE FIND THE ZOOM MEETING IDS AND PASSWORDS FOR EACH PROGRAM ON THE BACK OF YOUR LETTER PAGE*****



A photo memory from John O'Neil's 2018 performance at PSC!

Information from the City of Boston:

- Call 311 or 617-635-4500 (or use the BOS:311 app on your phone) to report unshoveled sidewalks and report other non-emergencies
- Renting? If you have a heating problem, first alert your landlord. If your landlord is unresponsive, call 311 to file a report, and Inspectional Services will investigate. *Remember, units must be heated to 68 degrees from 7am-11pm and 64 degrees from 11pm-7am.*
- To learn about Covid-19 testing sites, go to boston.gov/coronavirus or call 311.
- Questions about the vaccine? Go to Mass.gov to see the distribution schedule.

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~ February 2021 ~

PLEASE NOTE THAT ALL PROGRAMS WILL TAKE PLACE VIRTUALLY OVER ZOOM

TUESDAY	WEDNESDAY	THURSDAY
2. Noon Task Force	3. Noon Watercolors 01:00 Tech Cafe w/ Little Brothers/Friends of the Elderly	4. 11:30 Coffee and Conversation Topic: What is your favorite food?
9. 01:00 Classical Music "Name That Song" w/ Eman Khatri & Bhav Jain from the Connected Foundation	10. 11:30 Book Club: A discussion on what members have been reading outside of the Book Club 01:00 Tech Cafe w/ Little Brothers/ Friends of the Elderly	11. 11:30 Coffee and Conversation (w/ Megan Fieleke, an intern from Simmons University – she will lead a discussion on Social Emotional Learning in older adults)
16. Noon Bingo	17. 01:00 Tech Cafe w/ Little Brothers/ Friends of the Elderly	18. 11:30 Coffee and Conversation
23. Noon Burn Prevention Awareness w/ Katherine Palm, Injury Prevention & Outreach Coordinator and Liz Campbell, Burn Nurse Manager at Brigham & Women's Hospital	24. 01:00 Tech Cafe w/ Little Brothers/ Friends of the Elderly	25. 11:30 Coffee and Conversation Topic: Who is your favorite musician?
March 5. Noon Task Force	March 6. 01:00 Tech Cafe w/ Little Brothers/Friends of the Elderly	March 7. 11:30 Coffee and Conversation