

PETERBOROUGH SENIOR CENTER

42 Peterborough St. • Phone: 617-536-7154

Entrance is located between 100 & 108 Jersey St., (rear)

Email: Tracey@operationpeaceboston.org

Hours: Tuesday, Wednesday, and Thursday

11:00am – 3:00pm



Dear Peterborough Senior Center friends,

Happy New Year! It's a New Year to do the things we wanted to do last year but was not able to for whatever reason! Start a memoir, join a book club, get involved with volunteering with a neighborhood organization and etc!

Are you taking time for yourself? Practicing self-care? Our schedules can be sometimes hectic with appointments, housecleaning, and etc. Here are some ways to take care of ourselves!

1. Take time off from Technology even if it's an hour here or there!
2. Focus on your breathing! When you feel stress or anxiety just focusing on your breathing for a minute can help.
3. Take breaks throughout the day (take a nap if you can) and simply focus on what is happening in the present moment.
4. Going for a walk can reduce stress and anxiety.

We hope to see you at our programs! We are happy to have Tech Café, Oral History, Music4Wellness back starting in February! We also have wonderful upcoming programs provided by the Fenway CDC staff; Sage Carbone and Sam Greene! Presentations with Officer Elizabeth Evans, Maisy Rohrer from Mass Save and so much more! [We can't wait to see you!](#)

Please make sure to post this calendar on your refrigerator door or somewhere visible so you do not miss our wonderful presentations, events, and activities we have planned for you in January & February 2025!

We thank you for your flexibility, care, and support. If you need resources or need to book an appointment for taxi coupons, please don't hesitate to reach out to Tracey at tracey@operationpeaceboston.org or at 617-536-7154.

Thank you,
Operation Peace Staff

We wanted to let you all know that Sara Theophall is no longer with Operation P.E.A.C.E. We are so grateful for the time Sara spent with us will cherish the relationships she has formed. We wish Sara the best of luck in her next journey and know that her impact will be felt for years to come.

COMMUNITY RESOURCES AND INFORMATION, PROGRAMS, & EVENTS

FOOD RESOURCES

Community Dinners at the Holy Trinity are back!

January 13th and February 10th from 6pm to 7:30pm

Food Pantry in the Fenway at the Seventh Day Adventist Church/105 Jersey Street

Thursdays, 4-5pm, Available to all Boston Residents

FENWAY CARES

Free and available to Everyone

Go to <https://fenwaycommunitycenter.org/food-distributions/> for dates and times
or call Fenway Community Center at 1-857-246-9053.

East Fenway (Symphony Community Park) 39 Edgerly Road

West Fenway (Fenway Community Center) 1282 Boylston Street-Pick-ups on Jersey Street

Neighborhood Updates

Community Safety Meeting

2nd Tuesday of the month and Open to the public

Next one is Tuesday, January 14th, 2025

Located: Morville House, 100 Norway Street

Time: 5:00pm

Call 617-343-4457 for any updates!

FREE or Low-Cost Tax Preparation Assistance programs

Please call them to find out their process and procedures!

Action for Boston Community Development (ABCD)

<https://bostonabcd.org/service/tax-assistance/>

Parker Hill/Fenway Neighborhood Service

617-445-6000

South End Neighborhood Service

617-267-7400

Internal Revenue Service (IRS)

<https://www.irs.gov/filing/irs-free-file-do-your-taxes-for-free>

Kirstein Business Library & Innovation Center at Central Library in Copley Square

700 Bolyston Street, Lower Level, 617-534-5400

Starting January 16th, 2025 every Thursday from 10am to 7pm

Free Credit Reports from Experian, Equifax and Transunion

It's **FREE** to check them once a year!

<https://www.annualcreditreport.com/index.action>

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~ January 2025~

TUESDAY	WEDNESDAY	THURSDAY
<p>Dec 31st</p> <p>New Year's Eve PSC closed</p>	<p>1.</p> <p>PSC Closed Observance of New Year's Day</p> 	<p>2.</p> <p>PSC Closed Observance of New Year's Day</p>
<p>7. 11:30 New Year Trivia & Bingo</p>	<p>8.</p> <p>Noon Watercolors at the Peterborough Senior Center w/Bill Fu <i>Beginners welcome</i></p> <p>2:30 Knitting & Crocheting w/Grace Lincoln, Simmons University Volunteer <i>Bring in an old project or start a new one! Bring your needles & yarn</i></p>	<p>9.</p> <p>11:30 Coffee & Conversation at Peterborough Senior Center.</p> <p>Noon to 1pm Belated New Year's Day Party!</p> <p>Toast to your wishes and goals for 2025</p>
<p>14. Noon Recycled Jewelry Crafts w/Sage Carbone, Director of Community Programs Fenway CDC</p>	<p>15.</p> <p>11:30 Book Club at Youth Afterschool Space</p> <p>1:00 Watch a Dr. Martin Luther King Documentary</p> <p>Snacks will be provided!</p> <p>Happy Birthday Dr. Martin Luther King!</p>	<p>16.</p> <p>11:30 Coffee & Conversation at Peterborough Senior Center</p> <p>Noon to 1pm Come socialize with friends and neighbors!</p>
<p>21. Noon Movie "Three Amigos"</p> <p>A 1986 film starring "Steve Martin, Chevy Chase, Martin Short and etc!</p> <p>Enjoy yummy popcorn and beverages!</p>	<p>22.</p> <p>Noon Watercolors at the Peterborough Senior Center w/Bill Fu <i>Beginners welcome</i></p> <p>2:30 Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer <i>Bring in an old project or start a new one! Bring your needles & yarn</i></p>	<p>23.</p> <p>11:30 Coffee & Conversation at Peterborough Senior Center</p> <p>Noon to 1pm Conversation w/City Councilor Sharon Durkan</p> <p>Come learn what's going in the Fenway!</p>
<p>28. 11:30 Martin Luther King Trivia & Bingo</p>	<p>29.</p> <p>PSC Closed Professional Staff Development Day</p>	<p>30.</p> <p>11:30 Coffee & Conversation at Peterborough Senior Center</p> <p>Noon to 1pm Safety and Scam Conversation w/ Officer Elizabeth Evans District 4-Boston Police</p> <p>How to prevent scams and fraud</p>



TUESDAY	WEDNESDAY	THURSDAY
<p>4. Noon Come create Black History Collages w/Sam Greene, <i>Community Engagement Coordinator Fenway CDC</i></p> <p>2:00 Music4Wellness w/Berklee College of Music-<i>Welcome Back!</i></p>	<p>5. Noon Watercolors at Youth Afterschool program w/Bill Fu <i>Beginners welcome</i></p> <p>Noon Oral History w/Northeastern University Students</p> <p>1:00 Tech Café w/Little Brothers Friends of the Elderly-<i>Welcome Back!</i></p>	<p>6. 11:30 Coffee & Conversation <i>at Peterborough Senior Center</i></p> <p>Noon to 1pm Emerald Necklace-Muddy River Trivia for Fun and Education w/<i>Stan Everett, Neighbor and Friend of the Fenway!</i></p> <p><i>Come and challenge your mind with us!</i></p>
<p>11. 11:30 <i>Valentine Trivia & Bingo</i></p> <p>2:00 Music4Wellness w/Berklee College of Music-</p>	<p>12. Noon Oral History w/Northeastern University Students</p> <p>1:00 Tech Café w/Little Brothers Friends of the Elderly</p> <p>2:30 Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer <i>Bring in an old project or start a new one! Bring your needles & yarn</i></p>	<p>13. 11:30 Coffee & Conversation <i>at Peterborough Senior Center</i></p> <p>Noon to 1pm Valentine's Day Party</p> <p><i>Please bring a yummy treat or drink or dish to share!</i></p>
<p>18. 11:30 Movie "<i>My Cousin Vinny</i>" A 1992 film starring "Joe Pesci, Maria Tomei, Ralph Macchio and etc!</p> <p>2:00 Music4Wellness w/Berklee College of Music-</p>	<p>19. 11:30 Book Club <i>at Youth Afterschool Space</i></p> <p>Noon Oral History w/Northeastern University Students</p> <p>1:00 Tech Café w/Little Brothers Friends of the Elderly</p>	<p>20. 11:30 Coffee & Conversation <i>at Peterborough Senior Center</i></p> <p>12pm to 1pm Informational session on Mass Save w/ Maisy Rohrer, Senior Program Manager</p> <p><i>Learn how to read your electric bill more in depth, get resources and etc.</i></p>
<p>25. 11:30 Trivia & Bingo</p> <p>2:00 Music4Wellness w/Berklee College of Music-</p>	<p>26. Noon Watercolors at Youth Afterschool program w/Bill Fu</p> <p>Noon Oral History w/Northeastern University Students</p> <p>1:00 Tech Café w/Little Brothers Friends of the Elderly</p> <p>2:30 Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer <i>Bring in an old project or start a new one! Bring your needles & yarn</i></p>	<p>27. 11:30 Coffee & Conversation <i>at Peterborough Senior Center</i></p> <p>12pm to 1pm Conversation w/Officer Elizabeth Evans-District 4</p> <p><i>Conversation to discuss crime and neighborhood updates!</i></p>